

ENTRAVES NA UTILIZAÇÃO DE ÓRTESES PARA MEMBROS SUPERIORES POR TERAPEUTAS OCUPACIONAIS DO RECIFE*

Obstacles in the use of bracing for upper limbs by Occupational Therapist of Recife

Entraves en la utilización de férulas para miembros superiores por terapeutas ocupacionales de Recife

Resumo

Introdução: A órtese para membros superiores é um dispositivo da Tecnologia Assistiva (TA) utilizado como recurso terapêutico pelo terapeuta ocupacional no processo de reabilitação. Apesar de ser um direito das pessoas com deficiência, o acesso a esse tipo de equipamento é restrito. Essa dificuldade pode estar relacionada a vários fatores, como o baixo número de profissionais capacitados e o alto custo dos materiais necessários para confecção. **Objetivos:** Realizar um levantamento dos terapeutas ocupacionais da Região Metropolitana do Recife que usam órteses para membros superiores como recurso terapêutico e descrever as dificuldades encontradas nesse processo. **Método:** Estudo transversal descritivo, realizado através de pesquisa online e autoaplicada, com terapeutas ocupacionais residentes na Região Metropolitana do Recife e cadastrados no conselho da categoria. Para análise dos dados foi utilizada estatística descritiva, por meio da distribuição de probabilidade. **Resultados/Discussão:** Participaram da pesquisa 51 profissionais. Destes, 49% usam órteses na sua prática e 58,8% apresentam dificuldades para o uso. Entre as dificuldades relatadas, destacaram-se a falta de cursos de capacitação, a não disponibilização de material para confecção no local de trabalho e o grande tempo de espera para aquisição, devido à burocracia dos serviços. **Conclusão:** A utilização de órtese para membro superior pelos terapeutas ocupacionais ainda é restrita na Região Metropolitana do Recife e os obstáculos descritos podem estar interferindo no acesso dos usuários a esse recurso.

Palavras-chave: Membros Superiores; Órteses; Tecnologia Assistiva; Terapia Ocupacional.

Abstract

Introduction: The upper limb orthosis is a device of Assistive Technology (AT), used as a therapeutic resource by the occupational therapist in the rehabilitation process. Despite being right of persons with disabilities, access to this type of equipment is restricted. This difficulty may be related to several factors such as the low number of trained professionals and the high cost of materials needed for manufacturing. **Objectives:** To conduct a survey of occupational therapists in the Metropolitan Region of Recife who are using orthopedic devices as a therapeutic resource and describe the difficulties founded in this process. **Method:** Descriptive cross-sectional study conducted through online and self-applied research, with occupational therapists residents in the metropolitan area of Recife and registered in the category board. For data analysis, descriptive statistics were used by probability distribution. **Results/Discussion:** 51 professionals participated in the research. Of these, 49% use orthopedic devices in practice and 58.8% had difficulties to use. Among the reported problems, they highlighted the lack of training courses, the unavailability of material to make them in the workplace and the long waiting time for acquisition due to bureaucracy of services. **Conclusion:** The use of upper limb orthosis by occupational therapists is still restricted in the metropolitan area of Recife and the described obstacles may be interfering with users' access to this feature.

Key words: Assistive Technology; Occupational Therapy; Orthosis; Upper Limb.

Resumen

Introducción: La órtesis para miembros superiores es un dispositivo de la Tecnología Asistiva (TA) utilizado como recurso terapéutico por el terapeuta ocupacional en el proceso de rehabilitación. Aunque es un derecho de las personas con discapacidad, el acceso a este tipo de equipo es restringido. Esta dificultad puede estar relacionada con varios factores, como el bajo número de profesionales capacitados y el alto costo de los materiales necesarios para la confección. **Objetivos:** Realizar un levantamiento de los terapeutas ocupacionales de la Región Metropolitana de Recife que usan órtesis para miembros superiores como recurso terapéutico y describir las dificultades encontradas en ese proceso. **Método:** Estudio transversal descriptivo, realizado a través de investigación online y autoaplicada, con terapeutas ocupacionales residentes en la región metropolitana de Recife y registrados en el consejo de la categoría. Para el análisis de los datos se utilizó estadística descriptiva, a través de la distribución de probabilidad. **Resultados/discusión:** Participaron 51 profesionales, de los cuales el 49% usan órtesis en la práctica y el 58,8% presenta dificultades para el uso. Entre las dificultades relatadas, se destacaron la falta de cursos de capacitación, la no disponibilidad de material para confección en el lugar de trabajo y el largo tiempo de espera para la adquisición debido a la burocracia de los servicios. **Conclusión:** La utilización de órtesis para miembro superior por los terapeutas ocupacionales todavía está restringida en la región metropolitana de Recife y los obstáculos descritos pueden estar interfiriendo en el acceso de los usuarios a ese recurso.

Palabras clave: Extremidad Superior; Ortesis; Tecnología Asistiva; Terapia ocupacional.

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&216,'(5\$d@(6),1\$,6

2 GHVHQYROYLPHQWR GR SUHVHQWH HVWXGR SRVVLELOLWRX LG
WHQWHV QR SURFHVVVR GH LQGLFDomR SUHVFULomR H FRQIHfomR GH
UHV FRPR UHFxUVR WHUDSrXWLFRR SRU WHUDSHXWDV RFXSDFLRQDLV
GHVVHV SURILVVLRLDLV QD FLGDGH GR 5HFLIH \$OpP GLVVR SHUPLW
GDV GLILFXOGDGHV TXH VXUJHP DR ORQJR GR SURFHVVVR SDUD LQGL
GHVWDV yUWHVHV

&RQVW~DMMR~DWUDYpV GR UHIHUHQFLDO WhyULFR TXH DV yUWHVHV
UHV VmR GLVSRVLWLYRV TXH ID]HP D GLIHUHQoD QR SURFHVVVR WHUD
SRUFLRQDP PDLRU LQGSHHQGrQFLD QR GHVHPSHQKR GH DWLYLGDGHV
GD SRVLomR IXQFLRQDO LPRELOL]DomR GD DUWLFXODomR PLQLPL]D
DPSOLWXGH GH PRYLPHQWR UHGxomR GD GRU H GH SURFHVVVR LQIO
PHQWH PHOKRUDP D TXDOLGDGH GH YLGD GRV XVXiULRV

\$SHVDU GRV GLVSRVLWLYRV VHUHP JDUDQWLGRV SHODV SRUWDU
WHUDSHXWDV RFXSDFLRQDLV GD 5HJLmR 0HWURSR0LWDQD GR 5HFLIH
QHItFLRV GR XVR GD yUWHVH GH PHPEUR VXSHULRU HQIUHQWDP GLY
XWLOLJDomR GHVVH UHFxUVR WHUDSrXWLFr R TXH UHGx] R Q~PHUR
FOtQLFD

(VVH IDWR SRGH WHU XPD UHODomR GLUHWD FRP D GLILFXOGDGH
TXH SDUD LVVR VmR QHFHVViULRV SURILVVLRQDLV KDEL0LWDGRV PD
FLHQWHV

&RQVLGHUDQGR R TXHVWLRQiULR XWLOLJDGR QD SHVTXLVD IRL
YRV TXH GLILFXOWDP D XWLOLJDomR GHVVH UHFxUVR QR DWHQGLPHQ
WUH HOHV D GHPRUD QD FRQFHVVmR GR UHFxUVR GHYLGR j EXURFUD
QLELOLJDomR GHVVH WLSR GH PDWHULDO QR ORFDO GH WUDEDOKR R
rQFLD GH UHFxUVRV GR *RYHUQR D GLILFXOGDGH GH DFHVVR DR PHU
ULDO HVSHFtILFR QHFHVViULR H R DOWR FXVWR GHVVHV SDUD FRQIH

'DGD D LPSRUWkQFLD GR D VHXQMR HW RULODV PGLVFXVV}HV SROtWL
PLFDV H GD FODVVH SURILVVLRQDO SDUD PLQLPLJDU HVVDV EDUHLU
VHV GLVSRVLWLYRV SHODV SHVVRDV FRP GHILFLrQFLD

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%UDVLO ,QVWLWXWR %UDVLOHLUR,%H(RJHIOFR 'HPRW0iLFRVLFR &L
GDGHV# 5HFLIH 'LVSQRtYHO HP ZZZ LEJH JRY EU! \$FHVVR HP Mx

&UX] '0& (PPHO 0/& \$VVRFLDomR HQWUH SDSpLV RFXSDFLRQDLV LG
JLD DVVLVWLYD H SRGHU DTXLVLWLYR HP VXMHLWR-\$FR PQGHULFLrQFLD
PDJHP -

%HONLQ - <DVXGD /Q 2BNGWHLWDL : 7BUOSD% 2FXSDFLRQDO FDSDFL
H SUIWLFDV SDUD DV GLVIXQo}HV ItVLFDV • HGLomR 6mR 3DXOR 5R

6LOYD 5&5 6IUHGRe < 7HUDSLD 2FXSDFLRQDO H R XVR GH WHFQRO
WHUDSrXWLFr QD DUWURJULSRVH &DG 7HU 2FXS '8)6&DU
FWR

3HWWHQ \$0919 ÈYLOD \$) /LPD &*6 (IHLWR GR XVR GH yUWHVH GH S
&DG 7HU 2FXS 8)6&DU - 'RL FWR

5RFKD () &DVWLJOLRQL 0& 5HIOH[]HV VREUH UHFxUVRV WHFQROYJL
ORJLD DVVLVWLYD WHFQRORJLD GH DVVLVWrQFLD H WHFQRORJLD GH
3DXOR - 'RL LVVQ - Y L S-

3HORVL 0% 2 SDSHO GR WHUDSHXWD RFXSDFLRQDO QD WHFQRORJLI
8)6&DU -

%UDVLO 3UHVLGGrQFLD GD 5HS~EOLFD 'HFUHW Rž GH GH GH
PHQWD D /HL Qž GH GH RXWxEUR GH 'LVS}H VREUH D 3ROtV
,QWHJUDomR GD 3HVVRD 3RUWDGRUD GH 'HILFLrQFLD FRQVROLGD DV
WUDV SURYLGrQFLDV 'LiULR 2ILFLDO GD 8QLmR %UDVtOLD ') GH

&UX] '0& (PPHO 0/& 3ROtWLFdv 3~EOLFDV GH 7HFQRORJLD \$VVLVW
6REUH D 8VDELOLGDGH H DEDQGRQR SRU 3HVVRDV FRP 'HILFLrQFLD)
- 'RL

&DUR &&)DULDE 363 %RPEDUGDE 7%)HUULJQRE ,69 3DOKDUHVD
yUWHVHV SUyWHVHV H PHLRV DX[LOLDUHV GH ORFRPRomR 230 QR'
6D~GH GD • 5HJLmR GR (VWDGR GH 6mR 3DXOR &DG 7HU-2FXS 8)68
'RL FWR

\$OYHV \$&- (PPHO 0/* 0DWVXNXUD 76)RUPDomR H SuiWLFd GR WH
TXH XWLOL]D WHFQRORJLD DVVLVWLYD FRPR UHFxUVR WHUDSrXWLFr
OR - 'RL LVVQ- Y L S-

0HQGRQoD .11 &RQKHFLPHQWR H XWLOL]DomR GH HTXLSDPHQWRV
SHORV WHUDSHXWDV RFXSDFLRQDLV GR 'LVWULWR)HGHUdO >0RQRJ
%UDVtOLD

9DVFRQFHoorV / *X-6GHVH)\$ 0DQWDJHQV H /LPLWDo}HV GRV 4XHV
(OHWU{QLFRV YLD ,QWHUQHw QR &RQWH[WR GD 3HVVRLODU&RHPWtILF
\$GPLQLVWUDomR)(\$ 863 6mR 3DXOR 8QLYHUVLGDGH GH 6mR 3D

&UX] '0& 3DSpLV 2FXSDFLRQDLV H SHVVRDV FRP GHILFLrQFLDV ItV
QRORJLD DVVLVWLYD H SRGHU DTXLVLWLYR >7HVH@ 6mR &DUORV 8
ORV

*DOYmR 5& %DUURVR %,/ *UXWW '& \$ WHFQRORJLD DVVLVWLYD H
FRQFHVVmR GH FDGHLUDV GH URGDV QR (VWDGR GR 5LR *UDQGH GR
&DU - 'RL FWR

7R\RGD &<)RUPDomR HP WHFQRORJLD DVVLVWLYD ,Q (QFRQWUR
)DFXOGDGH GH 0HGLFLQD G863LEHLU5LR 3UHWR

\$JQHOOL /% 7R\RGD &< (VWXGR GH PDWHULD LV SDUD D FRQIHfom
omR SuiWLFd SRU WHUDSHXWDV RFXSDFLRQDLV QR %UDVLO &DG 7H
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9LODU . 0DUWLQV (0RUHLUD / 0LOKRPHP / /HLWH \$ 2OLYHLUD &
GH EDL[R FXVWR SDUD D FRQIHfomR GH yUWHVHV 39& WXEXODU 5HY
\$QDLV &RQJUHVV &LHQWtILFR

&RQRU *& 6LPRQHOOL \$3 3HUILO GD SuiWLFd SURILVVLRQDO H SU
RFXSDFLRQDO UHIHUHQWH j WHFQRORJLD DVVLVWLYD QR %UDVLO 5H
WH[WR 6RF - 'RL UHIDFV Y L

%UDVLO 0LQLVWpULR GD 6D~GH *DELQHW GH 0LQLVWUR 3RUWD
0HFDQLVPRV SDUD D RUJDQL]DomR H LPSODQWDomR GH 5HGHV (V
3HVVRD 3RUWDGRUD GH 'HILFLrQFLD)tVLFd 'LiULR 2ILFLDO GD 8QLm

6HFUHWdULD (VWDGXDO GH 6D~GH 3(>,QWHUQHw@ 3HUQDPEXFR
(VWDGR GH 3HUQDPEXFR >DFHVVR HP MXO @ 'LVSRQtYHO H
GH SH JRY EU!

2 PDWHULDO p SDUWH GH XPD SHVTXLVD UHDOL]DGD FRP 7HUDSHXWDV RFXSDFLRQDL
VRE DSURYDomR GR &RPLWr GH eWLFd H 3HVVTXLVD HP 6HUH XPDQRV GR &HQWUR GH
GH)HGHUdO GH 3HUQDPEXFR GH DFRUGR FRP D 5HVROXomR Qž GR &RQVHOKR 1DF
2 SUHVHQWH WUDEDOKR IRL ILQDQFLDGR SHODV SHVTXLVDGRUDV

